**Introduction To Counselling Skills (ICSKL2) course details**

This qualification is intended for candidates who want to:

* Learn basic counselling skills (listening and responding skills) in helping roles
* Find out more about counselling (this qualification won’t teach them to be a counsellor but may help them decide whether they want to train as one).
* Improve professional and personal relationships

This qualification does not lead directly to an employed role. However, it could enhance an existing role or increase the general employability of those seeking to enter the job market.

**Entry requirements**

No previous training or experience is required to undertake this qualification.

Minimum age 16 years.

**Term dates**

**This is a Saturday course 10:00-13:00 on Zoom**

October 1, 2022- December 10,2022

January 14,2023-March 25,2023

May 6,2023-July 15,2023

**Cost**

**£300**

**Non-refundable deposit of £70.00**

**3 monthly payments £76.66**

**Assessment Criteria**

Learning outcomes: (Skills, knowledge, understanding)

**The learner will be able to:**

1.Use counselling skills ethically and safely.

2. Establish and sustain the boundaries of the helping role

3. Work empathically as a helper

4. Focus on the helpee’s needs and concerns

5. Use self-awareness in helping work

6. Use a range of counselling skills to facilitate the helping interaction

7. Use feedback and reflection to enhance counselling skills.

**Awarding body**

You will be awarded by counselling and Psychotherapy Central Awarding Body (CPCAB) and obtain your ICSK L2 qualification after completion of an internal assessment, this is 15 minutes recording of a skills session and completion of the 7 learning outcomes.

Further information can be found on their website: www.cpcab.co.uk.

If you have any further query, please contact admin.

**Progression Route**

Counselling skills Level 2 (CSKL2)

This course will be delivered on ZOOM.

Application form is available upon request